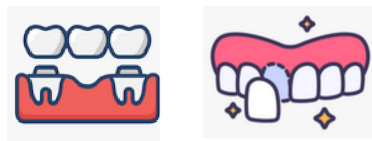




POST-TREATMENT INSTRUCTIONS FOR CROWN / BRIDGE / VENEERS

- **Avoid Eating or Drinking:** Refrain from eating or drinking for at least one hour after the crown and bridge placement to allow the cement to set properly.
- **Be Cautious with Chewing:** Avoid chewing on hard or sticky foods on the treated tooth or teeth for the first 24 hours to prevent dislodging the crown or bridge.
- **Take Prescribed Medication:** Take any prescribed pain medication or antibiotics as directed by your dentist to manage discomfort and prevent infection.
- **Maintain Oral Hygiene:** Continue to brush and floss your teeth regularly, including the area around the crown and bridge, to keep your teeth and gums healthy and prevent plaque buildup.
- **Avoid Hard or Sticky Foods:** Steer clear of hard, crunchy, or sticky foods that may cause damage to the crown or bridge or put extra pressure on the cement. Stick to softer foods for the first few days following the procedure.
- **Be Patient:** Give your mouth time to adjust to the new crown or bridge. It may feel slightly different at first, but any discomfort should improve within a few days.
- **Follow-Up Appointments:** Attend any scheduled follow-up appointments with your dentist to ensure that the crown or bridge is properly seated and functioning as intended.
- **Report any Unusual Symptoms:** Contact your dentist if you experience persistent pain, sensitivity, or any other unusual symptoms following the crown and bridge placement.
- **Avoid Smoking and Alcohol:** Refrain from smoking or consuming alcohol for at least 24 hours after the crown and bridge placement, as these activities can interfere with the healing process and may compromise the longevity of the restoration.
- **Maintain Regular Dental Check-Ups:** Continue to schedule regular dental check-ups and cleanings to monitor the health of your teeth and ensure the longevity of your crown or bridge.

Following these instructions can help ensure the success of your crown / bridge / veneer placement and promote optimal oral health.



VISIT YOUR DENTIST EVERY 6 MONTHS FOR A HEALTHY SMILE & A HEALTHY LIFE

